



Resourceful is a free community resource guide to help you find free and reduced cost services near you.

Just go online to [resourceful.findhelp.com](https://resourceful.findhelp.com) to search for programs that serve your area.

## Addiction Services by: Web Med

**Next Steps:** ☎ Call 218-310-8896 to get more info.

📍 Apply on their website, <https://www.webmedmn.com/request-an-appointment>, to schedule an appointment.

**About:** Addiction Services utilizes medication and therapy combined to combat substance abuse. Suboxone, Vivitrol and digital therapeutics (reSET) are just a few of the programs that are offered for medication assisted treatment.

...

**Nearest location:** 15.13 miles away.

Web Med - Duluth  
925 East Superior Street  
Ste. 113  
Duluth, MN 55802

### Hours:

Monday:	08:00 AM - 05:00 PM
Tuesday:	08:00 AM - 05:00 PM
Wednesday:	08:00 AM - 05:00 PM
Thursday:	08:00 AM - 05:00 PM
Friday:	08:00 AM - 05:00 PM

## Buddhist Recovery Meetings by: Buddhist Recovery Network

**Next Steps:** 🌐 Go to <https://buddhistrecovery.org> to get more info. ✉ Email [info@buddhistrecovery.org](mailto:info@buddhistrecovery.org) to get more info.

**About:** Buddhist Recovery Network's Buddhist Recovery Meetings provide a warm and compassionate space for those recovering from the suffering caused by addictive behaviors. Meetings are open to people of all backgrounds and are respectful of all recovery paths.

...

**Eligibility:** This program helps people who are older than 17 years old This program serves people struggling with substance use.

...

**Nearest location:** 1466.18 miles away.

Buddhist Recovery Network  
818 Southwest 3rd Avenue  
Portland, OR 97204

### Hours:

Monday:	08:00 AM - 05:00 PM
Tuesday:	08:00 AM - 05:00 PM
Wednesday:	08:00 AM - 05:00 PM
Thursday:	08:00 AM - 05:00 PM
Friday:	08:00 AM - 05:00 PM

## Mental Health Clinic - Behavioral Health & Psychiatry by: St. Luke's

**Next Steps:** 🌐 Go to <https://www.slhduluth.com/services/behavioral-health/> to get more info.

**About:** St. Luke's Mental Health Clinic offers behavioral health services which addresses stress, anxiety, and other mental health matters.

...

**Eligibility:** Income must qualify for financial assistance.

...

**Nearest location:** 15.09 miles away.

St. Luke's Internal Medicine  
1001 East Superior Street  
Suite 401  
Duluth, MN 55802  
☎ 218-249-7960

### Hours:

Monday:	08:00 AM - 04:30 PM
Tuesday:	08:00 AM - 04:30 PM
Wednesday:	08:00 AM - 04:30 PM
Thursday:	08:00 AM - 04:30 PM
Friday:	08:00 AM - 04:30 PM

**Thunderbird-Wren Halfway House** by: Minnesota Indian Primary Residential Treatment Center Inc.

**Next Steps:** 📍 Apply on their website, <https://www.mashkawisen.com/tbird>. 📞 Call 218-879-6731 to get more info.

**About:** Thunderbird-Wren Halfway House provides a chemically-free, supportive home environment to Native American adults recovering from problematic substance abuse. Thunderbird-Wren Halfway House accommodates up to 20 women and 20 men. ...

**Eligibility:** This program helps people who are older than 17 years old This program serves Native American individuals who are struggling with substance dependency. ...

**Nearest location:** 23.58 miles away.

Minnesota Indian Primary Residential Treatment Center Inc.  
9302 Idaho Street  
Duluth, MN 55808  
📞 218-727-7699

**Hours:**

Sunday:	07:15 AM - 11:30 PM
Monday:	07:15 AM - 11:30 PM
Tuesday:	07:15 AM - 11:30 PM
Wednesday:	07:15 AM - 11:30 PM
Thursday:	07:15 AM - 11:30 PM
Friday:	07:15 AM - 11:30 PM
Saturday:	07:15 AM - 11:30 PM

## FOCUS Unit by: Essentia Health

**Next Steps:**

📍 Go to <https://www.essentiahealth.org/about/media-article-library/2018/focus-chemical-dependency-inpatient-program-welcoming-new-patien/> to get more info.

**About:** FOCUS stands for Facility Offering Care Understanding and Serenity, an established Essentia Health St. Joseph's Medical Center chemical dependency program since 1984. FOCUS is dedicated to the treatment and rehabilitation of addicted individuals and to helping families affected by the use of alcohol or other mood altering chemicals. ...

**Eligibility:** Must be an individual with a substance dependency. ...

**Nearest location:** 15.4 miles away.

Essentia Health Corporate Headquarters  
502 East 2nd Street  
Duluth, MN 55805

**Hours:**

Monday:	08:00 AM - 05:00 PM
Tuesday:	08:00 AM - 05:00 PM
Wednesday:	08:00 AM - 05:00 PM
Thursday:	08:00 AM - 05:00 PM
Friday:	08:00 AM - 05:00 PM

## Men's Acute Care by: White Earth Nation

**Next Steps:** 📞 Call 218-936 5830 to get more info.

**About:** White Earth Nation's Men's Acute Care Program specializes in providing culturally specific treatment to Native American men, with support staff who have addressed addiction issues and can related to those in treatment. ...

**Eligibility:** This program helps people who are older than 17 years old This program serves men seeking treatment for substance use. ...

**Nearest location:** 174.22 miles away.

Men's Acute Care Program  
2388 Minnesota 200  
Mahnomen, MN 56557  
📞 218-936-5830

**Hours:**

Monday:	08:00 AM - 05:00 PM
Tuesday:	08:00 AM - 05:00 PM
Wednesday:	08:00 AM - 05:00 PM
Thursday:	08:00 AM - 05:00 PM
Friday:	08:00 AM - 05:00 PM

## Outpatient Substance Abuse Treatment by: Lakes Counseling Center

**Next Steps:** 📞 Call 218-847-0696 to get more info.

**About:** Lakes Counseling Center offers outpatient drug and alcohol addiction treatment services to Detroit Lakes, MN and surrounding areas. They help adults, youths, and families recover from substance abuse and chemical dependency assisted by a team of expert, compassionate professionals. ...

**Nearest location:** 177.42 miles away.

Lakes Counseling Center  
1000 8th Street Southeast  
Suite A  
Detroit Lakes, MN 56501

**Hours:**

Monday: 08:00 AM - 06:00 PM  
Tuesday: 08:00 AM - 06:00 PM  
Wednesday: 08:00 AM - 06:00 PM  
Thursday: 08:00 AM - 04:00 PM

## My Life, My Quit - Vaping Cessation Resources by: Minnesota Department of Health

**Next Steps:** 📍 Apply on their website, [https://mylifemyquit.org/My-Quit/Enroll\\_Now](https://mylifemyquit.org/My-Quit/Enroll_Now).

**About:** My Life, My Quit is a service for teens 13-17 years old who are interested in quitting vaping or other tobacco use.

This program provides: ...

**Eligibility:** This program helps people who are 13 to 17 years old. ...

**Nearest location:** 817.57 miles away.

My Life My Quit  
1400 Jackson Street  
Denver, CO 80206  
📞 855-891-9989

**Hours:**

Sunday: 12:00 AM - 11:45 PM  
Monday: 12:00 AM - 11:45 PM  
Tuesday: 12:00 AM - 11:45 PM  
Wednesday: 12:00 AM - 11:45 PM  
Thursday: 12:00 AM - 11:45 PM  
Friday: 12:00 AM - 11:45 PM  
Saturday: 12:00 AM - 11:45 PM

## Short-Term Program by: The Duluth Bethel

**Next Steps:** 📞 Call 218-740-3771 to get more info.

**About:** Duluth Bethel's Short-Term program includes vocational planning and efforts to secure employment that operates out of the halfway house home of the Bethel building. ...

**Eligibility:** This program serves men and women dealing with substance use disorder. ...

**Nearest location:** 16.28 miles away.

Duluth Bethel  
23 Mesaba Avenue  
Duluth, MN 55806  
📞 218-722-1724

**Hours:**

Sunday: 12:00 AM - 11:45 PM  
Monday: 12:00 AM - 11:45 PM  
Tuesday: 12:00 AM - 11:45 PM  
Wednesday: 12:00 AM - 11:45 PM  
Thursday: 12:00 AM - 11:45 PM  
Friday: 12:00 AM - 11:45 PM  
Saturday: 12:00 AM - 11:45 PM

## Mental Health & Wellness Program by: Life House

**Next Steps:** 📞 Call 218-722-7431 ext. 125 to get more info. ✉ Email [mary.cowen@life-house.org](mailto:mary.cowen@life-house.org) to get more info.

**About:** Life House Mental Health & Wellness program provides daily support and on-going services to improve physical, mental and spiritual wellness. ...

**Eligibility:** This program helps people who are 14 to 24 years old This program serves homeless youth. ...

**Nearest location:** 15.84 miles away.

Life House  
102 West 1st Street  
Duluth, MN 55802  
📞 218-722-7431

**Hours:**

Monday: 10:00 AM - 05:00 PM  
Tuesday: 10:00 AM - 05:00 PM  
Wednesday: 10:00 AM - 05:00 PM  
Thursday: 10:00 AM - 05:00 PM  
Friday: 10:00 AM - 05:00 PM

**Mash-ka-wisen Treatment Center Programs** by: Minnesota Indian Primary Residential Treatment Center Inc.

**Next Steps:** 📞 Call 218-879-6731 to get more info.  
🌐 Go to <https://mashkawisen.com/mash-ka-wisen-treatment-center> to get more info.

**About:** The Mash-ka-wisen Treatment Center offers a 45-90 day, high intensity residential drug and alcohol treatment program dedicated to assisting clients in entering a life of recovery, overcoming the ravishes of alcoholism and chemical dependency. The center offers both a men's and women's program which are skill-based, giving clients the tools necessary to succeed in ...

**Eligibility:** This program helps people who are older than 17 years old This program serves Native American individuals who are struggling with substance dependency. ...

<b>Nearest location:</b> 34.39 miles away.	<b>Hours:</b>
Minnesota Indian Primary Residential Treatment Center Inc.	Monday: 08:00 AM - 04:30 PM
1150 Mission Road	Tuesday: 08:00 AM - 04:30 PM
Sawyer, MN 55780	Wednesday: 08:00 AM - 04:30 PM
📞 218-879-6731	Thursday: 08:00 AM - 04:30 PM
	Friday: 08:00 AM - 04:30 PM

**San Marco Apartments** by: Center City Housing Corp.

**Next Steps:**  
**About:** The New San Marco facility offers 70 units of affordable permanent housing in downtown Duluth, Minnesota, including 30 single room occupancy units for chemically dependent individuals and 40 efficiency units for people that have experienced chronic homelessness. The property was developed to bring housing and supportive services under one roof to help ...

<b>Nearest location:</b> 15.86 miles away.	<b>Hours:</b>
San Marco Apartments	Monday: 08:00 AM - 05:00 PM
230 West 3rd Street	Tuesday: 08:00 AM - 05:00 PM
Duluth, MN 55806	Wednesday: 08:00 AM - 05:00 PM
📞 218-733-7133	Thursday: 08:00 AM - 05:00 PM
	Friday: 08:00 AM - 05:00 PM

**Extended-Care Program (Residential Treatment)** by: The Duluth Bethel

**Next Steps:** 📞 Call 218-727-7415 to get more info.  
**About:** The Extended-Care Program is designed for individuals needing more structured treatment, with an emphasis on relapse prevention. The program helps men and women start and make progress on a healthy path to sobriety. ...

<b>Eligibility:</b> This program serves men and women dealing with substance use disorder. ...	
<b>Nearest location:</b> 16.28 miles away.	<b>Hours:</b>
Duluth Bethel	Sunday: 12:00 AM - 11:45 PM
23 Mesaba Avenue	Monday: 12:00 AM - 11:45 PM
Duluth, MN 55806	Tuesday: 12:00 AM - 11:45 PM
📞 218-722-1724	Wednesday: 12:00 AM - 11:45 PM
	Thursday: 12:00 AM - 11:45 PM
	Friday: 12:00 AM - 11:45 PM
	Saturday: 12:00 AM - 11:45 PM

**Outpatient Chemical Dependency Program** by: Web Med

**Next Steps:** 📞 Call 218-310-8896 to get more info.  
**About:** Web Med offers an outpatient substance dependency treatment program for individuals in need.  
This program provides: ...

<b>Nearest location:</b> 15.13 miles away.	<b>Hours:</b>
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Web Med - Duluth  
925 East Superior Street  
Ste. 113  
Duluth, MN 55802

Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Adult Substance Use Disorder Outpatient Treatment by: Fairview Health Services

**Next Steps:** 📞 Call 612-672-2736 to get more info.

**About:** Fairview Health Services provides outpatient personalized treatment services for adults dealing with substance use disorders.

...

**Nearest location:** 127.33 miles away.

Forest Lake Clinic  
20 Lake Street North  
Forest Lake, MN 55025  
📞 612-672-2736

### Hours:

Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Peer-to-Peer Recovery Support by: Recovery Alliance Duluth

**Next Steps:** 📞 Call 218-576-6005 to get services.

**About:** Our Peer Recovery Specialists give judgment-free, non-clinical support to individuals seeking or going through recovery.

...

**Nearest location:** 15.79 miles away.

Recovery Alliance Duluth  
206 West 4th Street  
Suite 202, Damiano Center  
Duluth, MN 55806  
📞 (218)576-6005 ext.

### Hours:

Monday: 12:00 PM - 03:00 PM  
Tuesday: 09:00 AM - 02:00 PM  
Wednesday: 09:00 AM - 02:00 PM  
Friday: 09:00 AM - 02:00 PM

📝 Note: RAD responds to requests for service during office hours and responds to all messages within 5 days. We accept walk-ins. We support people outside of Duluth by appointment virtually or in-person.

## National Alcohol Substance Abuse Information Center by: Drug Enforcement Administration (DEA)

**Next Steps:** 📞 Call 800-784-6776 to get services.

**About:** The National Alcoholism and Substance Abuse Information Center maintains a state-of-the-art national database of the leading alcohol rehab treatment and drug rehab treatment centers in the US and around the world for every level of treatment option from affordable to luxury.

...

**Nearest location:** 940.78 miles away.

Drug Enforcement Administration  
8701 Morrisette Drive  
Springfield, VA 22152  
📞 800-784-6776

### Hours:

Sunday: 12:00 AM - 11:45 PM  
Monday: 12:00 AM - 11:45 PM  
Tuesday: 12:00 AM - 11:45 PM  
Wednesday: 12:00 AM - 11:45 PM  
Thursday: 12:00 AM - 11:45 PM  
Friday: 12:00 AM - 11:45 PM  
Saturday: 12:00 AM - 11:45 PM

## Gilbert House by: Transitional Recovery in MN (TRIM)

**Next Steps:** 📞 Schedule on their website, <https://www.trimmn.com/contact-us>.

**About:** The Gilbert House provides sober living services to LGBTQ recovering addicts and alcoholics who seek a supportive and collaborative environment to grow into better versions of themselves.

**Eligibility:** This program serves individuals in the LGBTQ community who are dealing with alcohol/substance abuse.

**Nearest location:** 151.88 miles away.

Trim  
366 Prior Avenue North  
Saint Paul, MN 55104

**Hours:**

Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Sober Living by: BSM Soberhouses

**Next Steps:** 📞 Call 763-732-0811 to apply. 🌐 Apply on their website, <https://www.bsmsoberhouses.com/contact/>.

**About:** BSM Soberhouses is a home for those looking to abstain from all drugs and alcohol.

This program provides:

**Eligibility:** This program helps those looking to abstain from all drugs and alcohol. This program helps people who are older than 17 years old.

**Nearest location:** 19.96 miles away.

BSM Soberhouses

**Hours:**

Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Dually Involved Youth by: White Earth Nation

**Next Steps:** 📞 Call 218-983-3286 ext. 6402 to get more info.

**About:** The White Earth Nation's Dually Involved Youth program provides child welfare case management to youth dually involved in substance abuse, juvenile justice or child welfare.

**Eligibility:** This program serves youth of the White Earth Nation.

**Nearest location:** 177.27 miles away.

White Earth Office  
35708 County Highway 21  
Ogema, MN 56568  
📞 218-983-3286 ext. 6402

**Hours:**

Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Substance Use Disorder Services by: Crow Wing County Community Services

**Next Steps:** 📞 Call 218-824-1140 to get more info. ✉ Email [nathan.bertram@crowwing.us](mailto:nathan.bertram@crowwing.us) to get more info.

**About:** Crow Wing County Community Services offers Substance Use Disorder Services for current Crow Wing county residents who are uninsured or underinsured and meet eligibility guidelines.

**Eligibility:** Must meet eligibility standards for any one of the following three programs: Minnesota Family Investment Program, Medical Assistance Program, General Assistance (Medical Care or Work Readiness) Program. -OR- Must meet household size and income limitations.

**Nearest location:** 110.34 miles away.  
Crow Wing County Community Services

**Hours:**

Monday: 08:00 AM - 05:00 PM

204 Laurel Street  
Brainerd, MN 56401  
📞 218-824-1140

Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Chemical Dependency - Range Treatment Center by: Range Mental Health Center (RMHC)

**Next Steps:** 📍 Apply on their website, <https://www.rangementalhealth.org/services#OUTPATIENT>.

📞 Call 800-450-7826 to get more info.

**About:** Range Treatment Center (RTC) provides a multi-disciplinary approach toward the treatment of individuals with Substance Use Disorders (SUD), their families, and their significant others. The program's caring and compassionate professionals help clients build a foundation for sustainable recovery so they may function effectively at home, at work and in ...

**Eligibility:** This program helps people who are older than 17 years old. This program serves individuals with Substance Use Disorders, their families, and their significant others. ...

**Nearest location:** 40.36 miles away.  
William F. Sauve' Building - Main Office  
624 13th Street South  
Virginia, MN 55792  
📞 218-749-2881

**Hours:**  
Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Marty Mann House Treatment for Women by: Center for Alcohol & Drug Treatment

**Next Steps:** 📞 Call 218-723-8444 to get more info. 📞 Call 218-723-8444 to schedule an appointment.

**About:** Marty Mann House is a safe, nurturing residential drug and alcohol treatment facility designed specifically for women.

This program provides: ...

**Nearest location:** 14.71 miles away.  
Marty Mann House  
714 North 11th Avenue East  
Duluth, MN 55805  
📞 218-723-8444

📝 Note: This is a 24/7 Residential Program. Referral & Clinical hours are Monday-Friday 8 Am-4 PM

**Hours:**  
Monday: 08:00 AM - 04:00 PM  
Tuesday: 08:00 AM - 04:00 PM  
Wednesday: 08:00 AM - 04:00 PM  
Thursday: 08:00 AM - 04:00 PM  
Friday: 08:00 AM - 04:00 PM

## Online AA Meetings by: Lionrock Recovery

**Next Steps:** 📍 Go to <https://www.lionrockrecovery.com/online-aa-meetings-and-support-groups> to get more info.

**About:** Lionrock provides online open Alcoholics Anonymous meetings where everyone is welcome, whether it be the person struggling with addiction or relatives and friends of alcoholics. ...

**Eligibility:** This program serves individuals struggling with alcohol abuse, as well as their friends and families. ...

**Nearest location:** 1663.98 miles away.  
Lionrock Behavioral Health  
911 Lakeville Street  
Ste. 322  
Petaluma, CA 94952  
📞 760-994-4990

**Hours:**  
Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Crisis Stabilization Services (CSS) by: Northern Pines Mental Health Center

**Next Steps:** 📍 Go to <https://www.npmh.org/safe-harbor> to apply. 📞 Call 218-828-4357 to get services.

**About:** Crisis Stabilization Services (CSS) provides a short-term, up to 10-day stay, safe environment, and supportive staff for adults 18 and older who have a mental health diagnosis.

...

**Eligibility:** This program helps people who are older than 17 years old. Must have a mental health diagnosis. Must be experiencing a lapse in functioning due to an increase in their mental health symptoms. Must be in sub-acute crisis, have a sub-acute stressor, or is relapsing from a DSM-5 related mental illness. Must be determined that mental health crisis ...

**Nearest location:** 83.53 miles away.

Aitkin  
13 3rd Street Northeast  
Aitkin, MN 56431

**Hours:**

Monday:	08:00 AM - 05:00 PM
Tuesday:	08:00 AM - 05:00 PM
Wednesday:	08:00 AM - 05:00 PM
Thursday:	08:00 AM - 05:00 PM
Friday:	08:00 AM - 05:00 PM

## Gambling Addiction Services by: Center for Alcohol & Drug Treatment

**Next Steps:** ☎ Call 218-723-8444 to get services. ☎ Call 218-723-8444 to schedule an appointment.

**About:** The Center for Alcohol & Drug Treatment helps people recover from gambling addiction. The team is trained to provide simultaneous care to individuals battling both mental illness and addiction issues.

...

**Nearest location:** 16.04 miles away.

Center for Alcohol & Drug Treatment  
314 West Superior Street  
Suite 400  
Duluth, MN 55802  
☎ 218-723-8444

**Hours:**

Monday:	08:00 AM - 04:00 PM
Tuesday:	08:00 AM - 04:00 PM
Wednesday:	08:00 AM - 04:00 PM
Thursday:	08:00 AM - 04:00 PM
Friday:	08:00 AM - 04:00 PM

📝 Note: Groups are held Mon. & Tues. from 5pm- 8pm, Thurs. mornings from 9:30am-12:30pm, both in-person or virtually. There is an alternative Thurs. evening group offered from 5pm-8pm that is virtual only.

## Long-Term Residential Recovery by: Adult and Teen Challenge Minnesota

**Next Steps:** ☎ Call 612-373-3366 to apply. 🌐 Schedule on their website, <https://www.mntc.org/client-inquiry/>.

**About:** The Adult And Teen Challenge Minnesota provides long-term residential recovery services and faith based programming for adults struggling with mental health issues and substances abuse issues.

...

**Eligibility:** This program helps people who are older than 17 years old Must complete a chemical use assessment to receive public funding. Must reside in Minnesota to qualify for state or county funding.

...

**Nearest location:** 15.7 miles away.

Duluth Northland Center  
2 East 2nd Street  
Duluth, MN 55802  
☎ 218-529-3733

**Hours:**

Monday:	08:00 AM - 05:00 PM
Tuesday:	08:00 AM - 05:00 PM
Wednesday:	08:00 AM - 05:00 PM
Thursday:	08:00 AM - 05:00 PM
Friday:	08:00 AM - 05:00 PM

## Wisconsin Tobacco Quit Line by: University of Wisconsin Center for Tobacco Research and Intervention (UW-CTRI)

**Next Steps:** ☎ Call 800-784-8669 to get services.

**About:** The Wisconsin Tobacco Quit Line offers a free service to help people quit smoking, vaping, or other tobacco use. This service is here 24/7 to any Wisconsin resident who is at least 13 years old.

...

**Eligibility:** This program helps people who are older than 12 years old.

...



**Nearest location:** 301.77 miles away.  
Wisconsin Tobacco Quit Line  
University of Wisconsin-Madison  
Madison, WI 53706  
☎ 800-784-8669

**Hours:**  
Sunday: 12:00 AM - 11:45 PM  
Monday: 12:00 AM - 11:45 PM  
Tuesday: 12:00 AM - 11:45 PM  
Wednesday: 12:00 AM - 11:45 PM  
Thursday: 12:00 AM - 11:45 PM  
Friday: 12:00 AM - 11:45 PM  
Saturday: 12:00 AM - 11:45 PM

## Recovery Coaching by: Life Continues

**Next Steps:** ☎ Call 844-950-5433 to schedule an appointment.

**Program availability:** full

**About:** Life Continues offers 24/7 one-on-one recovery coaching to those with substance dependency. Their positive, next steps technology-based coaching support will supplement and compliment treatment options.

**Eligibility:** This program serves individuals who are living with substance dependency.

**Nearest location:** 1381.85 miles away.  
Life Continues  
37622 North Cave Creek Road  
Cave Creek, AZ 85331  
☎ 844-950-5433

**Hours:**  
Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Outpatient Substance Use Disorder Services by: Alluma, Inc.

**Next Steps:** ☎ Call 218-281-3940 to schedule an appointment.

**About:** Alluma provides individualized outpatient substance use disorder services to individuals ages 10 and older who suffer from a substance use and/or co-occurring disorder. Staff work with the client to determine the treatment pathway which meets the client's needs and supports the positive personal change and recovery of individuals with dual disorders.

**Eligibility:** This program helps people who are older than 9 years old This program helps people with income at or below 325% of federal poverty guidelines

**Nearest location:** 218.64 miles away.  
Alluma  
603 Bruce Street  
Crookston, MN 56716  
☎ 218-281-3940

**Hours:**  
Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Alcohol and Drug Services by: Center for Human Development, Inc.

**Next Steps:** 🌐 Go to <http://www.chdinc.org> to get more info.

**About:** This program offers substance dependency treatment services on a sliding scale fee.

**Nearest location:** 1250.13 miles away.  
Main Address  
2301 Cove Ave  
La Grande, OR 97850  
☎ 541-962-8800

**Hours:**  
Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Substance Use Disorder Treatment by: Essentia Health

**Next Steps:** ☎ Call 833-677-1262 to schedule an appointment.

**About:** The Substance Use Disorder program provides compassionate and personalized care for people with this chronic condition - including the use of alcohol, opioids, methamphetamine, marijuana, vaping, and tobacco.

**Eligibility:** Must be an individual with a substance dependency.

**Nearest location:** 13.16 miles away.  
Substance Use Disorder - Essentia Health - Lakeside Clinic  
(Duluth)  
4621 East Superior Street  
Duluth, MN 55804  
📞 218-576-0317

**Hours:**  
Sunday: 12:00 AM - 11:45 PM  
Monday: 12:00 AM - 11:45 PM  
Tuesday: 12:00 AM - 11:45 PM  
Wednesday: 12:00 AM - 11:45 PM  
Thursday: 12:00 AM - 11:45 PM  
Friday: 12:00 AM - 11:45 PM  
Saturday: 12:00 AM - 11:45 PM

**Howard Friese House Extended Care Treatment for Men** by: Center for Alcohol & Drug Treatment

**Next Steps:** 📞 Call 218-723-8444 to get more info. 📞 Call 218-723-8444 to schedule an appointment.

**About:** The Howard Friese Houses specialize in co-occurring capable, trauma responsive, person centered residential treatment for men.

**Nearest location:** 14.39 miles away.  
Howard Friese House Hillside  
2211 Greysolon Road  
Duluth, MN 55812  
📞 ext.  
📝 Note: This is a 24/7 residential Program. Referral, Clinical hours & Business Hours are Monday - Friday 8 AM - 4 PM.

**Hours:**  
Monday: 08:00 AM - 04:00 PM  
Tuesday: 08:00 AM - 04:00 PM  
Wednesday: 08:00 AM - 04:00 PM  
Thursday: 08:00 AM - 04:00 PM  
Friday: 08:00 AM - 04:00 PM

**ClearPath Clinic** by: Center for Alcohol & Drug Treatment

**Next Steps:** 📞 Call 218-336-4663 to get services. 📞 Call 218-336-4663 to schedule an appointment.

**About:** Clearpath is a nonprofit medically assisted treatment and recovery program for opiate addiction. Clearpath Clinic's therapies include pharmacotherapies combined with licensed treatment and recovery services. Clearpath Clinic's services include pharmacotherapies combined with:

**Nearest location:** 14.87 miles away.  
The Center for Alcohol and Drug Treatment  
1402 East Superior Street  
Duluth, MN 55805  
📞 218-723-8444  
📝 Note: Closed Sundays and CADT designated holidays, except Christmas Eve (6 AM-9:30 Am)

**Hours:**  
Monday: 05:30 AM - 12:30 PM  
Tuesday: 05:30 AM - 12:30 PM  
Wednesday: 05:30 AM - 12:30 PM  
Thursday: 05:30 AM - 12:30 PM  
Friday: 05:30 AM - 12:30 PM  
Saturday: 06:00 AM - 09:30 AM

**Outpatient Substance Use and Mental Health Treatment** by: Rainy River Recovery

**Next Steps:** 📞 Call 218-285-7029 to get more info. 📍 Go to the nearest location to get services.

**About:** Rainy River Recovery offers intensive outpatient chemical dependency treatment and mental healthcare for adults and adolescents. Rainy River Recovery staff include Licensed Alcohol and Drug Counselor (LADCS) as well as Mental Health Professionals.

**Eligibility:** Must meet income requirements, be uninsured, and or be a Koochiching County resident to receive free or reduced cost services.

**Nearest location:** 125.53 miles away.  
Rainy River Recovery  
345 6th Avenue  
International Falls, MN 56649

**Hours:**  
Monday: 09:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM

📞 218-285-7029

Thursday: 09:00 AM - 05:00 PM

Friday: 09:00 AM - 05:00 PM

## Transitional Housing by: Twelfth Step House

**Next Steps:** 📞 Call 218-749-4328 to get more info.

**About:** The Twelfth Step House provides a protective Transitional Housing environment, individual counseling, group counseling, the companionship of others in recovery with similar problems, while, at the same time, challenging the clients with the realities of the everyday world. In doing so, the program of weekly activities remain individualized and flexible ...

**Eligibility:** This program helps people who are older than 17 years old Must meet Minnesota Housing Support eligibility guidelines. This program serves men. ...

**Nearest location:** 41.06 miles away.

The Twelfth Step House

512 2nd Street North

Virginia, MN 55792

📞 218-749-4328

### Hours:

Monday: 08:00 AM - 05:00 PM

Tuesday: 08:00 AM - 05:00 PM

Wednesday: 08:00 AM - 05:00 PM

Thursday: 08:00 AM - 05:00 PM

Friday: 08:00 AM - 05:00 PM

## Comprehensive Medication Management (CMM) by: Center for Alcohol & Drug Treatment

**Next Steps:** 📞 Call 218-723-8444 to get more info. 📞 Call 218-723-8444 to schedule an appointment.

**About:** Comprehensive Medication Management is available for all CADT clients. Clients meet one-to-one with a clinical pharmacist who works with the rest of the care team to comprehensively review all of their medications, including prescription, over-the-counter, supplements, and illicit substances across prescribers to help ensure they are taking only ...

**Nearest location:** 14.39 miles away.

Howard Friese House Prindle

2211 Greysolon Road

Duluth, MN 55812

📞 218-723-8444

📝 Note:

### Hours:

Monday: 08:00 AM - 05:00 PM

Tuesday: 08:00 AM - 05:00 PM

Wednesday: 08:00 AM - 05:00 PM

Thursday: 08:00 AM - 05:00 PM

Friday: 08:00 AM - 05:00 PM

## Intensive Outpatient Treatment & Individual Sessions by: Center for Alcohol & Drug Treatment

**Next Steps:** 📞 Call 218-723-8444 to get more info. ✉ Email [admissions@cadt.org](mailto:admissions@cadt.org) to get more info.

**About:** Outpatient Programs

Substance Abuse Disorders are a serious but manageable problem. With support from friends and family, alongside proper treatment, people can find their path to recovery and reduce the negative consequences of alcohol and other drug abuse. We ...

**Nearest location:** 16.04 miles away.

Center for Alcohol & Drug Treatment

314 West Superior Street

Suite 400

Duluth, MN 55802

📞 218-723-8444

📝 Note: We offer AM and PM groups, contact [pmccormick@cadt.org](mailto:pmccormick@cadt.org) or [Admissions@cadt.org](mailto:Admissions@cadt.org) for more information

### Hours:

Monday: 08:00 AM - 04:00 PM

Tuesday: 08:00 AM - 04:00 PM

Wednesday: 08:00 AM - 04:00 PM

Thursday: 08:00 AM - 04:00 PM

Friday: 08:00 AM - 04:00 PM

## Safe Harbor Program by: Life House

**Next Steps:** 📞 Call 218-722-7431 ext.125 to get more info.

**About:** The Life House Safe Harbor Program provides a continuum of care for underage male, female, and gender nonconforming victims of sex trafficking and other forms of commercial sexual exploitation. Life House helps connect survivors to services both within Life House and out in the community in order to help them heal from their traumas. ...

**Eligibility:** This program serves underage male, female, and gender nonconforming survivors of commercial sexual exploitation and/or human trafficking. ...

**Nearest location:** 15.84 miles away.

Life House  
102 West 1st Street  
Duluth, MN 55802  
📞 218-722-7431

**Hours:**

Monday:	09:00 AM - 06:00 PM
Tuesday:	09:00 AM - 06:00 PM
Wednesday:	09:00 AM - 06:00 PM
Thursday:	09:00 AM - 06:00 PM
Friday:	09:00 AM - 06:00 PM

## 24-hour Domestic Violence Helpline by: Esperanza United

**Next Steps:** 📞 Call 651-772-1611 to get services.

**About:** Casa de Esperanza provides a 24-hour bilingual crisis line to provide relationship help and support in situations of domestic violence. ...

**Eligibility:** Anyone can access this program. ...

**Nearest location:** 150.3 miles away.

Casa de Esperanza Mailing Address  
PO Box 40115  
Saint Paul, MN 55104  
📞 651-646-5553

**Hours:**

Monday:	08:00 AM - 05:00 PM
Tuesday:	08:00 AM - 05:00 PM
Wednesday:	08:00 AM - 05:00 PM
Thursday:	08:00 AM - 05:00 PM
Friday:	08:00 AM - 05:00 PM

## Opioid Addiction Treatment by: Specialized Treatment Services (STS)

**Next Steps:** 📞 Call 763-777-5000 (your nearest office) to get more info. 📍 Go to the nearest location to get more info.

**About:** STS offers an outpatient treatment program that utilizes the use of Methadone and Buprenorphine as medication assisted treatment to adults who are chemically dependent on opiates and other chemicals. The treatment facility does not focus on one specific treatment model. STS believe by offering and teaching a variety of techniques and methods will help ...

**Eligibility:** Must meet income requirements for your county in accordance with Rule 25, AND This program helps people who are older than 17 years old. Opiates must be your primary drug, AND Must have been addicted to opiates for at least 12 consecutive months, AND/OR Must be currently pregnant, AND/OR Must be recently released from prison or incarceration and ...

**Nearest location:** 146.68 miles away.

STS Brooklyn Park  
7472 Lakeland Avenue North  
Minneapolis, MN 55428  
📞 763-777-5000

**Hours:**

Monday:	05:30 AM - 01:30 PM
Tuesday:	05:30 AM - 01:30 PM
Wednesday:	05:30 AM - 01:30 PM
Thursday:	05:30 AM - 01:30 PM
Friday:	05:30 AM - 01:30 PM
Saturday:	07:00 AM - 10:00 AM

## Comprehensive Assessments & Treatment Coordination by: St. Louis County Department of Public Health and Human Services

**Next Steps:** 📞 Call 218-725-5260 to schedule an appointment. ✉ Email [boltone@stlouiscountymn.gov](mailto:boltone@stlouiscountymn.gov) to get more info.

**About:** The Department of Public Health & Human Services provides substance use & recovery assessment (Rule 25) & treatment services for those who are seeking substance use disorder treatment services. ...

**Eligibility:** Serves adults (18+) looking for substance use disorder treatment who reside in St. Louis County. Must meet income eligibility. ...

**Nearest location:** 62.43 miles away.

Public Health & Human Services Ely - St. Louis County Service  
Center  
320 Miners Drive East

**Hours:**

Monday:	08:00 AM - 05:00 PM
Tuesday:	08:00 AM - 05:00 PM
Wednesday:	08:00 AM - 05:00 PM

Ely, MN 55731

Thursday: 08:00 AM - 05:00 PM

Friday: 08:00 AM - 05:00 PM

## Outpatient Substance Abuse Program by: Fond du Lac Human Services Division

**Next Steps:** 📞 Call 888-888-6007 to get more info. 📞 Call 218-879-1227 (your nearest office) to get more info.

**About:** The Outpatient Substance Abuse Program provides individualized outpatient substance abuse treatment to adolescents and adults struggling with addiction. The program's caring and compassionate professionals help clients build a foundation for sustainable recovery so they may function effectively at home, at work and in the community. ...

**Eligibility:** Must be enrolled as a member of a tribe to receive care. ...

**Nearest location:** 15.79 miles away.

Center for American Indian Resources

221 West 4th Street

Duluth, MN 55806

📞 218-879-1227

### Hours:

Monday: 08:00 AM - 04:30 PM

Tuesday: 08:00 AM - 04:30 PM

Wednesday: 08:00 AM - 04:30 PM

Thursday: 08:00 AM - 04:30 PM

Friday: 08:00 AM - 04:30 PM

## Outpatient Substance Use Disorder Treatment by: Northern Pines Mental Health Center

**Next Steps:** 📞 Call 320-639-2025 to schedule an appointment.

**About:** Northern Pines Mental Health Center's Outpatient Substance Use Disorder Treatment provides group and individualized outpatient treatment options to adult and adolescent males and females ages 13+ who are challenged by substance use and /or co-occurring disorders. ...

**Eligibility:** This program helps people who are older than 12 years old This program serves people with substance use disorders. ...

**Nearest location:** 83.53 miles away.

Aitkin

13 3rd Street Northeast

Aitkin, MN 56431

### Hours:

Monday: 08:00 AM - 05:00 PM

Tuesday: 08:00 AM - 05:00 PM

Wednesday: 08:00 AM - 05:00 PM

Thursday: 08:00 AM - 05:00 PM

Friday: 08:00 AM - 05:00 PM

## Outpatient Treatment Program by: Superior Treatment Center

**Next Steps:** 📞 Call 715-392-9300 to get more info.

**About:** Superior Treatment Center offers an outpatient drug treatment program for individual seeking treatment for drug and alcohol use. ...

**Eligibility:** This program helps people who are older than 17 years old ...

**Nearest location:** 16.05 miles away.

Superior Treatment Center - Minnesota

324 West Superior Street

Suite 300

Duluth, MN 55802

📞 218-336-9300

### Hours:

Monday: 08:00 AM - 05:00 PM

Tuesday: 08:00 AM - 05:00 PM

Wednesday: 08:00 AM - 05:00 PM

Thursday: 08:00 AM - 05:00 PM

Friday: 08:00 AM - 05:00 PM

## Outpatient Treatment by: Adult and Teen Challenge Minnesota

**Next Steps:** 🌐 Go to <https://www.mntc.org/outpatient/> to get more info.

📞 Call 218-740-5519 (your nearest office) to get more info.

**About:** Adult and Teen Challenge Minnesota provides individualized outpatient substance abuse treatment to adults struggling with addiction. The program's caring and compassionate professionals help clients build a foundation for sustainable recovery so they may function effectively at home, at work and in the community. ...

**Eligibility:** Adults struggling with addiction may access this program. Call for cost eligibility or reductions. ...

**Nearest location:** 15.7 miles away.

Duluth Office  
2 East 2nd Street  
Duluth, MN 55802  
📞 218-740-5519

**Hours:**

Monday: 05:00 PM - 08:00 PM  
Tuesday: 05:00 PM - 08:00 PM  
Wednesday: 05:00 PM - 08:00 PM  
Thursday: 05:00 PM - 08:00 PM

## **Narcotics Anonymous Groups** by: Narcotics Anonymous- Minnesota Region

**Next Steps:** 🌐 Go to <https://www.naminnnesota.org/find-a-meeting/minnesota-meetings/#> to get more info.

**About:** Narcotics Anonymous provides peer support meetings regularly to help those struggling with substance use.

This program provides: ...

**Eligibility:** Must meet the requirements for each individual meeting. ...

**Nearest location:** 146.9 miles away.

Narcotics Anonymous- Minnesota Region  
6066 Shingle Creek Parkway  
#113  
Brooklyn Center, MN 55430  
📞 877-767-7676

**Hours:**

Sunday: 12:00 AM - 11:45 PM  
Monday: 12:00 AM - 11:45 PM  
Tuesday: 12:00 AM - 11:45 PM  
Wednesday: 12:00 AM - 11:45 PM  
Thursday: 12:00 AM - 11:45 PM  
Friday: 12:00 AM - 11:45 PM  
Saturday: 12:00 AM - 11:45 PM

## **Tobacco Dependence Treatment** by: Essentia Health

**Next Steps:** 📞 Call 844-403-7010 to schedule an appointment.

🌐 Go to <https://www.essentiahealth.org/services/tobacco-cessation/> to get more info.

**About:** Getting the right help when you want to quit using tobacco can make all the difference. Turn to the supportive tobacco education and treatment experts at Essentia Health for effective and proven ways to quit. Tobacco Treatment counseling and medications are covered by most insurance types at 100% with no cost sharing and no copays! If uninsured, Essentia Health ...

**Eligibility:** This program serves individuals addicted to tobacco. ...

**Nearest location:** 13.16 miles away.

Lakeside Clinic (Duluth) - Essentia Health  
4621 East Superior Street  
Duluth, MN 55804  
📞 218-786-3550

**Hours:**

Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## **Online Recovery Meetings** by: Refuge Recovery

**Next Steps:** 🌐 Go to <http://refugerecovery.org> to get services.

**About:** Refuge Recovery offers a peer-led recovery program using Buddhist-inspired practices and principles, combined with successful recovery community structures, to overcome addiction. ...

**Eligibility:** This program helps individuals recovering from any type of addiction. ...

**Nearest location:** 1645.07 miles away.

Refuge Recovery World Services  
2516 Lincoln Boulevard  
Los Angeles, CA 90291  
📞 323-592-9502

**Hours:**

Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Sober Living by: Green House Recovery Center

**Next Steps:** 📍 Go to <http://www.greenhousercoverycenter.com> to get more info.

**About:** Green House provides a safe place for men who are working toward recovery and change in their lives, but are not yet able to live independently we also provide post-treatment transitional housing facility. Please view our website <http://www.greenhousercoverycenter.com> (<http://www.greenhousercoverycenter.com>) and contact us if you have any ...

**Nearest location:** 149.47 miles away.

Green House Recovery Services  
680 Greenbrier St  
Saint Paul, MN 55106  
📞 651-707-3295

### Hours:

Monday:	08:00 AM - 05:00 PM
Tuesday:	08:00 AM - 05:00 PM
Wednesday:	08:00 AM - 05:00 PM
Thursday:	08:00 AM - 05:00 PM
Friday:	08:00 AM - 05:00 PM

## SmokefreeTXT by: Smokefree

**Next Steps:** 📍 Go to <https://smokefree.gov/tools-tips/text-programs> to apply.

**About:** SmokefreeTXT is a free text messaging program that gives 24/7 encouragement, advice, and tips for becoming smokefree and being healthier. ...

**Eligibility:** This program helps people who are older than 13 years old. ...

**Nearest location:** 945.83 miles away.

Department of Health and Human Services  
200 Independence Avenue Southwest  
Washington, D.C., DC 20201

### Hours:

Sunday:	12:00 AM - 11:45 PM
Monday:	12:00 AM - 11:45 PM
Tuesday:	12:00 AM - 11:45 PM
Wednesday:	12:00 AM - 11:45 PM
Thursday:	12:00 AM - 11:45 PM
Friday:	12:00 AM - 11:45 PM
Saturday:	12:00 AM - 11:45 PM

## Detoxification Unit by: Center for Alcohol & Drug Treatment

**Next Steps:** 📞 Call 218-529-3455 to get more info. 📞 Call 218-529-3455 to get services.

**About:** There are 40 beds within our Detox & Withdrawal Management units. These units are designated to help individuals struggling with intoxication or withdrawal. The teams on this unit can assist with referrals to other programs within the Center for Alcohol and Drug Treatment and external sources. We have clinical and non-clinical staff their to assist individuals with ...

**Eligibility:** This program serves people experiencing substance dependency ...

**Nearest location:** 14.87 miles away.

The Center for Alcohol and Drug Treatment  
1402 East Superior Street  
Duluth, MN 55805  
📞 218-723-8444

### Hours:

Sunday:	12:00 AM - 11:45 PM
Monday:	12:00 AM - 11:45 PM
Tuesday:	12:00 AM - 11:45 PM
Wednesday:	12:00 AM - 11:45 PM
Thursday:	12:00 AM - 11:45 PM
Friday:	12:00 AM - 11:45 PM
Saturday:	12:00 AM - 11:45 PM

## Addiction Services by: Human Development Center (HDC)

**Next Steps:** 📍 Go to <http://www.humandevelopmentcenter.org> to get more info.

**About:** Human Development Center (HDC) provides individualized outpatient substance abuse treatment to adults struggling with addiction. The program's caring and compassionate professionals help clients build a foundation for sustainable recovery so they may function effectively at home, at work and in the community. ...

**Nearest location:** 14.8 miles away.

St. Louis County Office

### Hours:

Monday:	08:00 AM - 07:00 PM
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1401 East 1st Street  
Suite 200  
Duluth, MN 55805  
📞 218-730-2387

Tuesday: 08:00 AM - 07:00 PM  
Wednesday: 08:00 AM - 07:00 PM  
Thursday: 08:00 AM - 07:00 PM  
Friday: 08:00 AM - 05:00 PM

## Residential Treatment Program by: Compassion Treatment Services

**Next Steps:** 📞 Call 218-844-5782 to get more info.

**About:** Compassion is a residential treatment program for people who have patterns of problems with the use of alcohol or other drugs. ...

**Nearest location:** 177.61 miles away.  
Compassion Treatment Services  
811 8th Street Southeast  
Detroit Lakes, MN 56501  
📞 218-844-5782

**Hours:**  
Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Wellstone Center for Recovery by: Range Mental Health Center (RMHC)

**Next Steps:** 📞 Call 218-471-4327 to get more info.

**About:** Range Mental Health Center provides the Wellstone Center for Recovery which is a community-based program designed to assist adults experiencing a mental health crisis or emergency. The program offers individualized services that meet the unique needs of those being served. ...

**Eligibility:** Anyone living with mental illness can access this program. ...

**Nearest location:** 40.91 miles away.  
Range Mental Health Center  
731 3rd Street South  
Virginia, MN 55792

**Hours:**  
Sunday: 12:00 AM - 11:45 PM  
Monday: 12:00 AM - 11:45 PM  
Tuesday: 12:00 AM - 11:45 PM  
Wednesday: 12:00 AM - 11:45 PM  
Thursday: 12:00 AM - 11:45 PM  
Friday: 12:00 AM - 11:45 PM  
Saturday: 12:00 AM - 11:45 PM

## Outpatient Mental Health and Recovery Services by: Genesis Recovery Services

**Next Steps:** 🌐 Apply on their website, <https://grsduluth.com/>. 📞 Call 218-722-2368 to get more info.

**About:** Genesis Recovery Services provides a hybrid treatment experience with both onsite services and telehealth services for your substance abuse and mental health needs. The program's caring and compassionate professionals help clients build a foundation for sustainable recovery so they may function effectively at home, at work and in the community. ...

**Eligibility:** This program serves individuals with substance dependency and/or mental health diagnosis. ...

**Nearest location:** 15.99 miles away.  
Genesis Recovery Services  
5 North 3rd Avenue West  
Suite 310  
Duluth, MN 55802  
📞 218-722-2368

**Hours:**  
Monday: 08:00 AM - 06:30 PM  
Tuesday: 08:00 AM - 06:30 PM  
Wednesday: 08:00 AM - 06:30 PM  
Thursday: 08:00 AM - 06:30 PM

## Medications for Opioid Use (Suboxone) by: YourPath

**Next Steps:** 🌐 Go to <https://yourpathhealth.org/medicationssupportingrecovery> to get more info.



**About:** YourPath provides Medications for Opioid Use (Suboxone) to support the recovery of individuals struggling with opioid dependency.

**Nearest location:** 151.49 miles away.

YourPath  
700 Raymond Avenue  
#130  
Saint Paul, MN 55114  
📞 612-895-1510

**Hours:**

Monday: 09:00 AM - 05:00 PM  
Tuesday: 09:00 AM - 05:00 PM  
Wednesday: 09:00 AM - 05:00 PM  
Thursday: 09:00 AM - 05:00 PM  
Friday: 09:00 AM - 05:00 PM

## Substance Abuse Services by: Lake Superior Community Health Center (LSCHC)

**Next Steps:** 📞 Call 715-392-1955 to schedule an appointment.

**About:** Lake Superior Community Health Center, Superior clinic, offers outpatient behavioral health and substance abuse counseling to meet your needs if alcohol, drug, or other chemical dependency is impacting your life, or the life of a loved one.

**Eligibility:** Must be a WI Resident Anyone in need can access this program. Must be uninsured or underinsured AND meet income eligibility criteria to qualify for reduced cost services.

**Nearest location:** 21.62 miles away.

Lake Superior Community Health Center - Superior (34th St.)  
2222 East 5th Street  
Superior, WI 54880  
📞 715-395-5380

**Hours:**

Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Outpatient Counseling by: NUWAY

**Next Steps:** 📞 Call 612-789-8030 (your nearest office) to get more info.

**About:** NUWAY offers intensive co-occurring outpatient treatment with optional recovery residence support for adults of any gender. NUWAY outpatient clients have the option to live in independently run recovery residences, located in the community of their choice, and have their housing program fees subsidized while they attend treatment.

**Nearest location:** 149.75 miles away.

3R'S NUWAY Counseling Center  
1404 Central Avenue Northeast  
Minneapolis, MN 55413  
📞 612-789-8030

**Hours:**

Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Individual Therapy by: Insight Counseling

**Next Steps:** 📞 Call 218-481-7660 to get more info.

🌐 Schedule on their website, <https://www.insightcounselingduluth.com/contact>.

**About:** Insight Counseling offers individual therapy to all ages. This program is a collaborative process between therapist and the client that aims to facilitate change and improve quality of life.

**Eligibility:** Individuals of all ages can access this program.

**Nearest location:** 16.02 miles away.

Insight Counseling - Duluth  
306 West Superior Street  
Alworth Building, Suite 1000, 10th Floor  
Duluth, MN 55802  
📝 Note: Several clinicians offer evening and weekend sessions.

**Hours:**

Monday: 09:00 AM - 04:00 PM  
Tuesday: 09:00 AM - 04:00 PM  
Wednesday: 09:00 AM - 04:00 PM  
Thursday: 09:00 AM - 04:00 PM  
Friday: 09:00 AM - 04:00 PM

## Virtual Intensive Outpatient Programming (IOP) by: Charlie Health

### Next Steps:

**About:** Charlie Health's Virtual Intensive Outpatient Programming provides high acuity clients multiple hours of weekly treatment utilizing a customized treatment plan that includes three group sessions, one individual therapy session, and one family therapy session per week. They have immediate availability, with flexible evening and weekend programs and work ...

**Eligibility:** People ages 11-50 years old ...

**Nearest location:** 153.02 miles away.

Minnesota

Virtual Provider

Minneapolis, MN 55405

### Hours:

Sunday: 12:00 AM - 11:45 PM

Monday: 12:00 AM - 11:45 PM

Tuesday: 12:00 AM - 11:45 PM

Wednesday: 12:00 AM - 11:45 PM

Thursday: 12:00 AM - 11:45 PM

Friday: 12:00 AM - 11:45 PM

Saturday: 12:00 AM - 11:45 PM

## Harm Reduction Supplies - Mobile Delivery by: Harm Reduction Sisters

**Next Steps:** ☎ Call 218-996-6602 to get more info.

**About:** Harm Reduction Sisters (HRS) provides mobile delivery of Harm Reduction Supplies with a flexible schedule in Duluth and surrounding areas including Cloquet, the Iron Range, and Superior, WI. ...

**Eligibility:** This program serves individuals in need of harm reduction supplies. ...

**Nearest location:** 15.79 miles away.

Harm Reduction Sisters - Damiano Center

206 West 4th Street

Duluth, MN 55806

☎ 218-206-6482

### Hours:

Monday: 09:00 AM - 03:00 PM

Tuesday: 09:00 AM - 03:00 PM

Wednesday: 09:00 AM - 03:00 PM

Friday: 09:00 AM - 03:00 PM

## Chemical Dependency Services by: Otter Tail County Human Services

**Next Steps:** ☎ Call 218-998-8150 to get more info.

**About:** Four chemical dependency (CD) workers provide Rule 25 Chemical Use Assessments for adolescents and adults referred by the court, community providers, treatment programs, or who are requesting services on a voluntary basis. This assessment provides level of care recommendations for CD treatment, and is required to access the Consolidated Chemical ...

**Nearest location:** 196.09 miles away.

Government Services Center

520 West Fir Avenue

Fergus Falls, MN 56537

☎ 218-998-8000

### Hours:

Monday: 08:00 AM - 04:30 PM

Tuesday: 08:00 AM - 04:30 PM

Wednesday: 08:00 AM - 04:30 PM

Thursday: 08:00 AM - 04:30 PM

Friday: 08:00 AM - 04:30 PM

## Adolescent Outpatient Chemical Dependency Program by: Lakeview Behavioral Health

**Next Steps:** ☎ Call 218-749-2877 to get more info.

**About:** Lakeview Behavioral Health's Adolescent Outpatient Chemical Dependency Program is designed specifically for individuals age 13-18, and provides services that are tailored to the specific needs of adolescents; assisting them in building a life free of chemical use while being culturally sensitive to each individual. ...

**Eligibility:** Must have Medicaid. This program helps people who are 13 to 18 years old. ...

**Nearest location:** 41.0 miles away.

Arrowhead Center, Inc

505 South 12th Avenue West

Suite 1

### Hours:

Monday: 08:00 AM - 05:00 PM

Tuesday: 08:00 AM - 05:00 PM

Wednesday: 08:00 AM - 05:00 PM

Virginia, MN 55792

📞 218-749-2877

📅 Note: Tuesday, Wednesday, Thursday, and Saturday are by appointment only.

Thursday: 08:00 AM - 05:00 PM

Friday: 08:00 AM - 04:00 PM

## Chemical Dependency Treatment by: Human Development Center (HDC)

**Next Steps:** 📞 Call 715-392-8216 to get more info.

**About:** Chemical Dependency Treatment Program offers drug and/or alcohol abuse education, treatment and individual sessions with trained counselors, group therapy, support groups, womens recovery groups or individual sessions. Counselors are trained in different modalities of treatment such as twelve step/disease model and cognitive behavioral concepts. HDC ...

**Nearest location:** 14.8 miles away.

Main Office

1401 East 1st Street

Duluth, MN 55805

📞 218-728-5126

### Hours:

Monday: 08:00 AM - 05:00 PM

Tuesday: 08:00 AM - 05:00 PM

Wednesday: 08:00 AM - 05:00 PM

Thursday: 08:00 AM - 05:00 PM

Friday: 08:00 AM - 05:00 PM

## Medication Assited Treatment by: Human Development Center (HDC)

**Next Steps:** 📞 Call 218-730-2387 to get more info.

**About:** HDC Provides MAT medications such as Methadone and Buprenorphine for opioid, alcohol, amphetamine, and tobacco use disorders. ...

**Nearest location:** 14.8 miles away.

St. Louis County Main Office

1401 East 1st Street

Duluth, MN 55805

📞 218-728-4491

### Hours:

Monday: 08:00 AM - 07:00 PM

Tuesday: 08:00 AM - 07:00 PM

Wednesday: 08:00 AM - 07:00 PM

Thursday: 08:00 AM - 07:00 PM

Friday: 08:00 AM - 05:00 PM

## Support Groups by: Crystal Meth Anonymous

**Next Steps:** 🌐 Go to <https://www.crystalmeth.org/cma-meeting-directory/> to get more info.

📞 Call 855-638-4373 to get more info.

**About:** Crystal Meth Anonymous provides virtual and in person support groups for people struggling with crystal meth addiction. This program offers a supportive community for those in recovery. ...

**Eligibility:** This program serves anyone seeking recovery from crystal meth addiction. ...

**Nearest location:** 1633.23 miles away.

Crystal Meth Anonymous

4470 West Sunset Boulevard

Ste 107 PMB 555

Los Angeles, CA 90027

📞 855-638-4373

### Hours:

Sunday: 12:00 AM - 11:45 PM

Monday: 12:00 AM - 11:45 PM

Tuesday: 12:00 AM - 11:45 PM

Wednesday: 12:00 AM - 11:45 PM

Thursday: 12:00 AM - 11:45 PM

Friday: 12:00 AM - 11:45 PM

Saturday: 12:00 AM - 11:45 PM

## Office Based Opioid Treatment Plus (OBOT+) by: Center for Alcohol & Drug Treatment

**Next Steps:** 📞 Call 218-723-8444 to get services. 📞 Call 218-723-8444 to schedule an appointment.

**About:** The Center for Alcohol & Drug Treatment Outpatient Suboxone (buprenorphine/naloxone) Treatment Program offers help for opioid use disorder plus so much more.

**Eligibility:** This program helps people who are older than 17 years old Must be a Minnesota resident. This program serves individuals with opioid use disorder.

**Nearest location:** 15.07 miles away.  
Office Based Opioid Treatment (OBOT)  
810 East 4th Street  
Duluth, MN 55805  
📞 218-723-8444  
📝 Note:

**Hours:**  
Monday: 08:00 AM - 03:00 PM  
Tuesday: 08:00 AM - 03:00 PM  
Wednesday: 08:00 AM - 03:00 PM  
Thursday: 08:00 AM - 03:00 PM  
Friday: 08:00 AM - 03:00 PM

## Speak to an Expert by: Smokefree

**Next Steps:** 📞 Call 877-448-7848 to get services.

🌐 Go to <https://smokefree.gov/tools-tips/get-extra-help/speak-to-an-expert> to get more info.

**About:** Smokefree offers the ability to speak to a National Cancer Institute trained counselor over the phone or through chat where you can get immediate information and answers about quitting smoking.

**Nearest location:** 945.84 miles away.  
Department of Health and Human Services  
200 Independence Avenue Southwest  
Washington, DC 20201  
📞 877-448-7848

**Hours:**  
Monday: 09:00 AM - 09:00 PM  
Tuesday: 09:00 AM - 09:00 PM  
Wednesday: 09:00 AM - 09:00 PM  
Thursday: 09:00 AM - 09:00 PM  
Friday: 09:00 AM - 09:00 PM

## Substance Use Disorder Treatment by: Nystrom & Associates

**Next Steps:** 📞 Call 866-938-4159 to get more info.

🌐 Apply on their website, <https://www.nystromcounseling.com/our-services/substance-use-disorder-treatment/>, to schedule an appointment.

**About:** Nystrom & Associates offers Substance Use Disorder Treatment for adolescents and adults. This program helps patients work through Substance Use Disorders and co-occurring mental health disorders to develop a strong recovery plan.

**Eligibility:** This program helps people who are older than 11 years old Must be uninsured to receive sliding scale fees.

**Nearest location:** 16.07 miles away.  
Duluth Clinic  
332 West Superior Street  
Suite 300  
Duluth, MN 55802  
📞 218-722-4379

**Hours:**  
Monday: 06:45 AM - 06:00 PM  
Tuesday: 06:45 AM - 06:00 PM  
Wednesday: 06:45 AM - 06:00 PM  
Thursday: 06:45 AM - 06:00 PM  
Friday: 06:45 AM - 05:00 PM

## Overdose Prevention Hotline by: Never Use Alone

**Next Steps:** 📞 Call 877-696-1996 to get services.

**About:** Never Use Alone Overdose Prevention Hotline is a nationwide 24/7/365 toll free service connecting people who use substances with a trained Peer Support Operator. Operators with lived experience remain with the caller and oversee that the person uses safely.

**Eligibility:** This program serves individuals living with substance dependency.

**Nearest location:** 442.07 miles away.  
Never Use Alone  
471 North McCann Drive  
Midland, MI 48640

**Hours:**  
Sunday: 12:00 AM - 11:45 PM  
Monday: 12:00 AM - 11:45 PM  
Tuesday: 12:00 AM - 11:45 PM

Wednesday: 12:00 AM - 11:45 PM  
Thursday: 12:00 AM - 11:45 PM  
Friday: 12:00 AM - 11:45 PM  
Saturday: 12:00 AM - 11:45 PM

## Substance Abuse Services by: White Earth Nation

**Next Steps:** 📞 Call 800-950-3248 to get more info.

**About:** The White Earth Nation Behavioral Health department provides substance abuse services for individuals who need encouragement and support seeking long-term recovery from substance abuse. The program's caring and compassionate professionals help clients build a foundation for sustainable recovery so they may function effectively at home, at work and in ...

**Eligibility:** Must be and enrolled member of the White Earth Nation or descendant living on the White Earth Reservation. Must meet income guidelines. ...

**Nearest location:** 15.84 miles away.

White Earth Urban Duluth Office  
205 West 2nd Street  
Duluth, MN 55802  
📞 218-606-1707

**Hours:**

Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM

## Pathfinder Unit - Withdrawal Management by: Center for Alcohol & Drug Treatment

**Next Steps:** 📞 Call 218-529-3455 to get services. 📞 Call 218-529-3455 to schedule an appointment.

**About:** Withdrawal Management (Pathfinder)

The Withdrawal Management Program (formerly known as the Pathfinder Unit), is a licensed program that provides short-term care on a 24-hour-a-day basis for the purpose of providing clients safe withdrawal from alcohol, opiates and other drugs and ...

**Nearest location:** 14.87 miles away.

The Center for Alcohol and Drug Treatment  
1402 East Superior Street  
Duluth, MN 55805  
📞 218-723-8444

**Hours:**

Sunday: 12:00 AM - 11:45 PM  
Monday: 12:00 AM - 11:45 PM  
Tuesday: 12:00 AM - 11:45 PM  
Wednesday: 12:00 AM - 11:45 PM  
Thursday: 12:00 AM - 11:45 PM  
Friday: 12:00 AM - 11:45 PM  
Saturday: 12:00 AM - 11:45 PM

## Women's Wellbriety Treatment Facility by: White Earth Nation

**Next Steps:** 📞 Call 218-606-1707 (your nearest office) to get more info.

**About:** Women's Wellbriety Treatment Facility offers inpatient treatment at low, medium, and high intensity levels to women. This facility offers medication assisted treatment for opiate addiction, and addresses other types of addiction in a culturally specific manner. ...

**Eligibility:** Must be enrolled members or descendants living on the White Earth Reservation who fall into the income guidelines. ...

**Nearest location:** 15.84 miles away.

White Earth Urban Duluth Office  
205 West 2nd Street  
Duluth, MN 55802  
📞 218-606-1707

**Hours:**

Monday: 08:00 AM - 05:00 PM  
Tuesday: 08:00 AM - 05:00 PM  
Wednesday: 08:00 AM - 05:00 PM  
Thursday: 08:00 AM - 05:00 PM  
Friday: 08:00 AM - 05:00 PM